

Literatur zum InfoTEXT

„Ich kann das nicht?!“ Schulische Schwierigkeiten positiv sehen durch ein GrowthMindset

1. Dweck, C. (2016). *Selbstbild: wie unser Denken Erfolge oder Niederlagen bewirkt*. Piper ebooks.
2. *Schaubild orientiert an*: Perts (o.J.): *Growth Mindset for 9th Graders. A free, evidence-based program to increase students'engagement, motivation, and success by promoting a growth-mindset*. Perts. S. 7.
3. *Lernen können es Lehrkräfte...*

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*sowie Schüler*innen*

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5. Blackwell, L. S., Trzesniewski, K. H., & Dweck, C. S. (2007). Implicit theories of intelligence predict achievement across an adolescent transition: A longitudinal study and an intervention. *Child Development*, 78(1), 246–263. <https://doi.org/10.1111/j.1467-8624.2007.00995.x>

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 7. Schleider, J., & Weisz, J. (2018). A single-session growth mindset intervention for adolescent anxiety and depression: 9-month outcomes of a randomized trial. *Journal of Child Psychology and Psychiatry, and Allied Disciplines*, 59(2), 160–170. <https://doi.org/10.1111/jcpp.12811>
Schleider, J. L., Abel, M. R., & Weisz, J. R. (2015). Implicit theories and youth mental health problems: A random-effects meta-analysis. *Clinical Psychology Review*, 35, 1–9. <https://doi.org/10.1016/j.cpr.2014.11.001>
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14. Zhang, J. (2022). What characterises an effective mindset intervention in enhancing students' learning? A systematic literature review. *Sustainability*, 14(7), 3811.) My working list:
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