

Literatur zum InfoTEXT

Lernen mit und durch Bewegung

Warum körperliche Aktivität den Unterricht bereichert

1. Laging, R. (2017). *Bewegung in Schule und Unterricht. Anregungen für eine bewegungsorientierte Schulentwicklung* (Vol. 1). Kohlhammer.
2. Vazou, S., Webster, C. A., Stewart, G., Candal, P., Egan, C. A., Pennell, A., & Russ, L. B. (2020). A Systematic Review and Qualitative Synthesis Resulting in a Typology of Elementary Classroom Movement Integration Interventions. *Sports Medicine*, 1-16.
3. Daly-Smith, A., Morris, J. L., Norris, E., Williams, T. L., Archold, V., Kallio, J., Tammelin, T. H., Singh, A., Mota, J., von Seelen, J., Pesce, C., Salmon, J., McKay, H., Bartholomew, J., & Resaland, G. K. (2021). Behaviours that prompt primary school teachers to adopt and implement physically active learning: a meta synthesis of qualitative evidence. *International Journal of Behavioral Nutrition and Physical Activity*, 18. <https://doi.org/https://doi.org/10.1186/s12966-021-01221-9>
4. Watson, A., Timperio, A., Brown, H., Best, K., & Hesketh, K. D. (2017). Effect of classroom-based physical activity interventions on academic and physical activity outcomes: a systematic review and meta-analysis. *International Journal of Behavioral Nutrition and Physical Activity*, 14. <https://doi.org/10.1186/s12966-017-0569-9>
5. Riley, N., Lubans, D. R., Morgan, P. J., & Young, M. (2015). Outcomes and process evaluation of a programme integrating physical activity into the primary school mathematics curriculum: The EASY Minds pilot randomised controlled trial. *Journal of science and medicine in sport*, 18(6), 656-661.
6. Donnelly, J. E., & Lambourne, K. (2011). Classroom-based physical activity, cognition, and academic achievement. *Preventive Medicine*, 52, 36-42. <https://doi.org/10.1016/j.ypmed.2011.01.021>
7. Hildebrandt-Stramann, R., Beckmann, H., Neumann, D., Probst, A., & Wichmann, K. (2017). *Bewegtes Lernen. Theoretische Grundlagen und reflektierte Unterrichtsbeispiele*. Schneider.
8. Mavilidi, M. F., Pesce, C., Benzing, V., Schmidt, M., Paas, F., Okely, A. D., & Vazou, S. (2022). Meta-analysis of movement-based interventions to aid academic and behavioral

outcomes: A taxonomy of relevance and integration. *Educational Research Review*, 37, 100478. <https://doi.org/https://doi.org/10.1016/j.edurev.2022.100478>

9. Russ, L. B., Webster, C. A., Beets, M. W., Egan, C., Weaver, R. G., Harvey, R., & Phillips, D. S. (2017). Development of the System for Observing Student Movement in Academic Routines and Transitions (SOSMART). *Health Educ Behav*, 44(2), 304-315. <https://doi.org/10.1177/1090198116657778>
10. Müller, C., & Dinter, A. (2020). *Bewegte Schule für alle - Modifizierungen eines Konzeptes der bewegten Schulen für die Förderschwerpunkte Lernen, geistige, motorische, emotionale und soziale Entwicklung, Sprache sowie Hören* (Vol. 2). Academia.